

Coach To Empower

COACHING PACKAGES

Empower Starter Package

- 1 x coaching session
- Unlimited e-mail support
- Monthly Empower Newsletter

Empower Living Package

- 4 coaching sessions
- Unlimited e-mail support in-between sessions
- Monthly Empower Newsletter
- 1 hour phone support per week



Empower Booster Package

- 8 coaching sessions
- Unlimited e-mail support in-between sessions
- Monthly Empower Newsletter
- 1 hour phone support per week
- Up to 1 hour extra phone support per week

Empower Mastery Package

- 12 coaching sessions (includes values elicitation and goal setting)
- Unlimited e-mail support in-between sessions
- Monthly Empower Newsletter
- Unlimited phone support

- *Session are approximately 1 - 1½ hours*
- *Coaching sessions are conducted over the phone or face to face depending on client wishes and location*

Call Di Browne today to setup your initial consultation on
0427 026 935